

Fovant Community Support Group (FCSG)

Helping alleviate stress and hardship during a national emergency

*In collaboration with Spring Orchard Surgery,
Fovant Parish Council, St Georges Church, Age UK
and other local organisations*

What you will find inside

- The purpose of Fovant Community Support Group (FCSG)
- **Details of the prescription delivery service from Spring Orchard Surgery to people within the FCSG Hubs**
- The FCSG catchment area (Hubs 1-14) and lead volunteer contacts details
- Signposts to useful information about COVID19, local food initiatives, and about avoiding scams
- Notices including a request from Wiltshire Fire and Rescue to cease all bonfires

**Please note that your FCSG
Hub number is ⇒**
(Hub volunteer details inside)

**See Page 7 for
contact details**

Introducing Fovant Community Support Group (FCSG)

Fovant Community Support Group (FCSG) has grown rapidly from the seed of an idea in the minds of two local residents into a volunteer taskforce of more than 60.

Serving Fovant and the surrounding settlements of Sutton Mandeville, Lower Chicks Grove and Sutton Row, and with a focus on supporting our much-cherished local GP's practice – Spring Orchard Surgery – *FCSG's* purpose is to alleviate stress and hardship during the coronavirus pandemic.

After an initial meeting at the Village Hall, eight days before the country was placed in lockdown, *FCSG* has mobilised rapidly with Fovant and surrounding areas divided into 14 hubs, each with a designated leader and group of willing volunteers.

Medicines are being delivered, food is being collected and conversations and safe social connections encouraged in a bid to ensure nobody feels isolated or alone during a period of unprecedented uncertainty.

In order to help keep Spring Orchard Surgery staff and patients safe, FCSG will safely collect and deliver all prescriptions within the catchment area from Monday April 20.

Dr Lindsay Kinlin, partner at Spring Orchard Surgery, says:

“It is of paramount importance during this crisis that we minimise the number of people coming to the surgery in order to keep our staff and our patients safe and ensure our most vulnerable residents get the medical supplies they need.

We are very grateful for the efforts of FCSG for helping us achieve this aim.”

While supporting the Orchard Surgery, *FCSG* also aims to help and support existing charities and networks helping people in our community.

“The community response has been inspiring and humbling,” said *FCSG's* **Paul Rae**, whose wife **Diana** is an NHS nurse at Yeovil Hospital as well as one of the lead co-ordinators for the volunteer group.

FCSG Prescription Delivery Service

From Monday 20th April FCSG will be delivering ALL prescriptions from Spring Orchard Surgery, including paid for ones.

Place your prescription order as normal by one of the following methods:

- Online (put your FCSG hub number in the comments box)
- By phone - the dispensary staff will ask for your hub number
- Through the letterbox at the surgery - write your hub number on your prescription request next to your address

Please have your hub number to hand when you order your prescription. Your hub number can be found at the front of this newsletter.

Prescriptions will be delivered on a once weekly basis per hub, except in the case of emergencies when we will deliver as necessary. If possible, please plan ahead.

Delivery days are as follows:

- **Tuesday** - Hubs 1, 2, 3, 4 & 14
- **Wednesday** - Hubs 5, 6, 7, 12 & 12A
- **Thursday** - Hubs 8, 9, 10, 11
- **Friday** - Maggie's* normal delivery

* If you normally have your prescription delivered on Fridays by the wonderful Maggie please note this will continue uninterrupted.

Expect your prescription to be delivered between 10.30am and 1pm on your designated day. Please make sure you are in!

Prescription payments

If your prescription needs to be paid for and you are happy to pay by debit or credit card, please call the surgery to pay over the phone. 01722 714 789.

If you prefer to pay by cash, Spring Orchard will keep a note of what you owe and this can be paid once we are out of lockdown.

In order to reduce the chance of virus transmission we are unable to take cash on your behalf, return incorrect medication, or take repeat prescriptions to the surgery.

Hygiene/Privacy

Please note all *FCSG volunteers will carry photo ID* (please ask to see it if you wish to), have been approved by the *FCSG steering group*, and follow a strict hygiene protocol.

Your privacy is maintained at all times. Should you have any questions please call your hub representative or a member of the *FCSG Steering group* for clarification.

For any further information on Spring Orchard Surgery, *please visit their website www.springorchardsurgery.co.uk*

We appreciate this is a significant change to people's routine and will feel disruptive to many. However please appreciate the new prescription delivery service is being undertaken with the full support of Spring Orchard Surgery and will help reduce the risk of transmission to everyone in our local community. We are grateful for your co-operation in helping to support our wonderful local surgery and its amazing staff.

BONFIRES – A POLITE REQUEST

Living in the countryside affords us all sorts of benefits when it comes to living with the lockdown; not least our beautiful fresh air. Now more than ever our clean air has become a priceless asset and *FCSG* joins Wiltshire Council and Wiltshire Fire and Rescue in asking residents to **avoiding having bonfires** during the pandemic. Please remember some people may be suffering the effects of Covid-19 – a potentially severe respiratory disease - and clean air is a critical resource for all of us.

If you **MUST** have a bonfire, please only burn dry materials and avoid sunny days when everyone is enjoying the outdoors as respite.
Thank you in advance for your co-operation.

FCSG Signposts: Food, deliveries and take-aways

There is some great work being done in our locality to provide keep food available during our lockdown period. Tony L has been kind enough to get the latest info, summarised below (you will find more info in Three Towers). If you are finding it difficult financially contact your FCSG Hub lead or the Wiltshire Wellbeing Hub on the next page

Fovant Stores	Our own local shop. Doing a great job keeping things going across all of the services they offer.
Ansty Farm Shop	www.anstypyo.co.uk , 01747 829072. Phone orders in 2 days in advance, for collection. Open Tues to Sun.
Kenson's Farm Veg Shed	kensonsfarm.wordpress.com/news/, 07887 721509, open Wed to Sat inc for season veg, collect only
Cheryl Holloway Tues Lunch Club	Fovant. Available to all. Hot home cooked meals delivered (£5 one course, £6.5 for two). Order on 01722 714594. Also frozen meals. See Three Towers.
Bowerchalke supplier	Wide range of foods, contact 07460735400. dowlingoscara@gmail.com , Delivery to Fovant Thurs.
Reeves the baker	Order through Barford Arms or Wyndham Arms (by Tues, see numbers below) for collection Thursday. Bread in loaf, roll, cake combinations from £5 to £16.
Butchers	BUTTILING, Ludwell, 01747 828216. Order and pay by phone for collection Manor Farm Butchers, Burcombe, 01722 742724
Various take away (TA) and delivery (D)	The Barford Arms (TA and D) 01722 742242; The Wyndham Arms Dinton (TA) 01722 716999; The Queens Head Broadchalke (TA) 01722 780344; Penruddocke Arms Dinton (TA) 01722 716253 Bird and Carter Fonthill (TA and shop, 01747 445644)

FCSG Signposts: Reliable information sources

There is a lot of information out there and it can be confusing to say the least. While most of it is well intended some is misleading. Of course, some of it is just wrong! Here are some of the original sources of information relating to COVID-19 on which all the discussions in our media and on the internet are based.

World Health Organisation (WHO)

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
(check out the mythbusters!)

UK Government

<https://www.gov.uk/coronavirus>

NHS Guidance

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Wiltshire Council

<http://www.wiltshire.gov.uk/public-health-coronavirus>

Wiltshire Wellbeing Hub

<http://www.wiltshire.gov.uk/news/articles/council-hub-set-up-to-support-people-during-covid-19-situation>



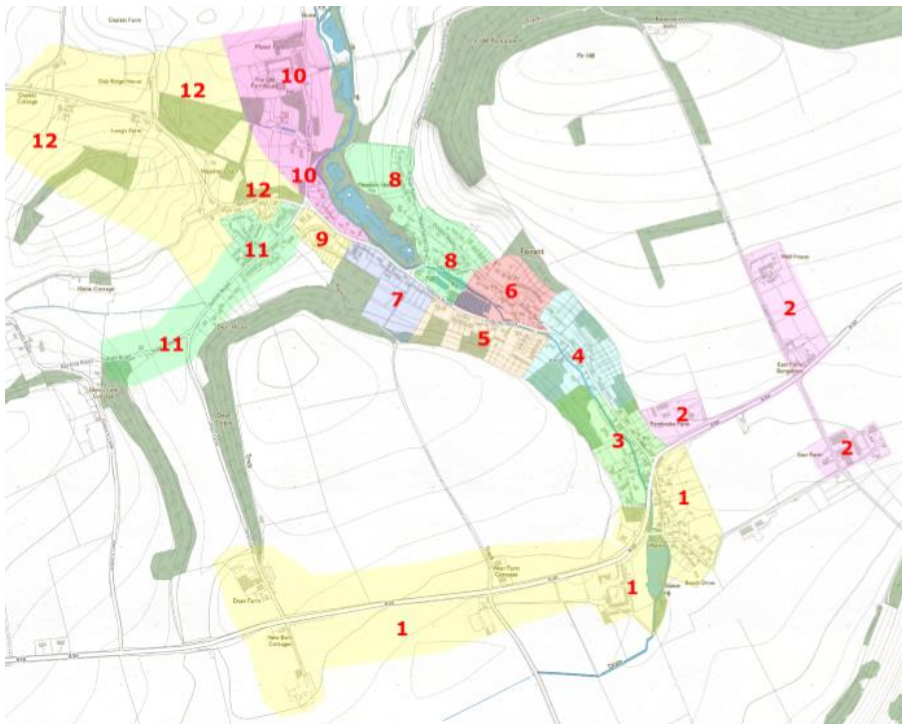
Avoiding COVID-19 Scams

www.FriendsAgainstScams.org.uk

UK Research Institutions (UKRI)

<https://coronavirusexplained.ukri.org/en/>
for those who would like to understand more about pandemics, vaccinations, public health

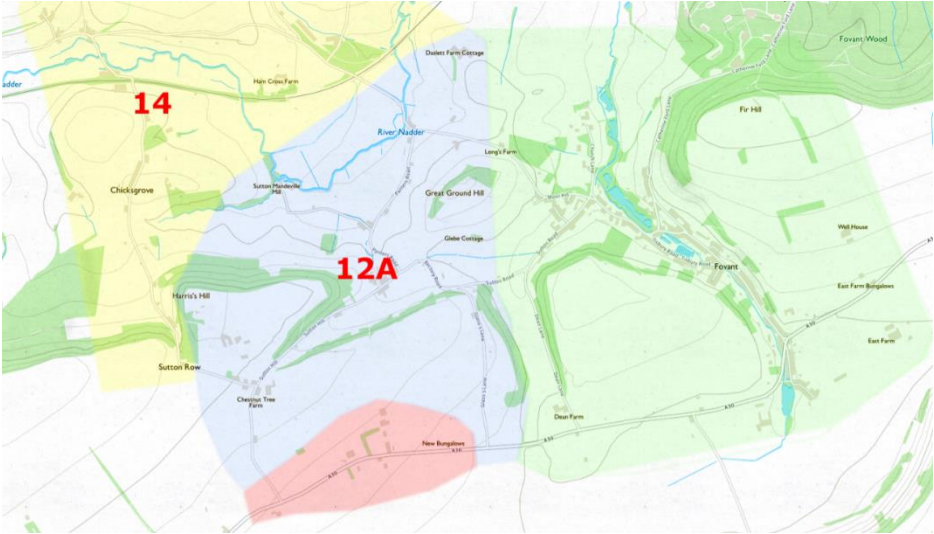
FCSG hubs and lead contacts: Part 1 (1-12)



Hub 1	Chris	Brantingham
Hub 2	Peter	Martindale
Hub 3	Elaine	Vaughan
Hub 4	Paul	Rae
Hub 5	Simon	Ferris
Hub 6	Sam	Peters
Hub 7	Mary	Kirman
Hub 8	Celia	Haselgrove
Hub 9	Jeremy	Hinks
Hub 10	Debbie	Monteith
Hub 11	Chris	Lock
Hub 12	Trish	Morse

Contact Numbers removed for GDPR purposes.
Contact as given on FCSG webpage

FCSG hubs and lead contacts: Part 2 (12a, 14)



Hub 12a	Nick	Radford	See page 7
Hub 14	Paul	Barratt	

THURSDAY APPLAUSE

It's so lovely to hear the echo of clapping and rattling of pans in the village at 8pm every Thursday as we show our gratitude to the NHS and all those working tirelessly in the fight against coronavirus. While the focus is on those on the front line of healthcare provision, we are recognising the contribution made by *all* keyworkers who are keeping the nation going. A side benefit of this 'coming together' is seeing the smiles across the fences and roads as people connect socially between households. There is sense of a collective smile, a release of pressure.

So, while you are clapping for a national effort make sure you take a moment to enjoy spreading a bit of love locally as well!

(FCSG Steering Group - Diana & Paul Rae, Elaine Vaughan, and Jeremy Hinks)